

Keynote Messages for Kelly Falardeau

You're More Than Enough

Have you ever said any of these statements to yourself: I'm not successful enough, I'm not smart enough or I'm not good enough? Likely you have, in Kelly's presentation she will show you that you don't have to be a perfect person in order to be more than enough. She went from the ugly scar-faced girl to being honoured by the Queen with a medal and more recently, the producers of the Dr Oz show have contacted her about being an expert on their show.

You will learn:

- 🕒 Your value is not determined by how much money you make or don't make
- 🕒 Your imperfect body makes you perfect enough
- 🕒 Your head drama can harm you or empower you
- 🕒 And how to change your thoughts so you can feel "more than enough"

Audiences:

This interactive keynote is great for women's groups, men's groups, charities/associations, safety conferences and in the corporate workplace.

Self Esteem for Success

~ Self Esteem Doesn't Come in a Bottle

Why is it that we are trained to believe that if we use that bottle of "magic" that we're going to feel better about ourselves? What is it in that bottle that is going to make us feel more beautiful and authentic to others? Why is it that people think that Botox is going to make people love them more?

Many times Kelly was given a bottle of something that was promised to make her scars disappear and make her beautiful.

She knew no matter what it wouldn't work, she knew that her self esteem and beauty had to come from her heart and soul not from the faulty magic.

You will learn how this burn survivor didn't feel the need to cover up her scars in order to succeed in life.

In this keynote you will learn:

- 🕒 Her self-esteem secrets to feeling greater than great
- 🕒 How to stop depending on other people's opinions
- 🕒 How to give yourself permission to feel great
- 🕒 What action to take in order to develop your self esteem

Audiences:

This interactive keynote is great for teenagers, women's groups, corporations, charities/associations and in the workplace. There is also an action guide available for optional all-day workshops.

From Near-Death to Success

In today's world, it's so easy to quit and not even try to succeed, or we're faced with an obstacle and instead of trying to see it as an opportunity to change directions and move forward, people find it easier to just give up and say they it didn't work.

This keynote goes deep into Kelly's life story about how she had her near-death experience when she was only two-years-old and was given her first opportunity to quit life.

She also talks about options she was given in her personal and business lives and how if she would have quit the million times she could have, she never would have become the success she is today.

She shows you how quitting just isn't an option and if the two-year-old didn't quit, neither should you.

Audiences:

This interactive keynote is great for women's groups, men's groups, charities/associations, safety conferences and in the corporate workplace.

No Risk No Rewards

Why are most of us so afraid to take risks in your personal or business life? Do you often look at other people's success and think you can't have the same rewards? Kelly has a very unique viewpoint on risks because as a burn survivor at the age of two, just leaving the house every day was a huge risk. Would she be teased, or picked on or ridiculed in some way? How would she face the risks and rise above them and become a confident child and woman?

In this inspiring keynote Kelly shares how she made the choice to take the risks because her desire for the rewards outweighed the risks. She will share how she takes risks and how you can too.

In this keynote you will learn:

- 🕒 How to train your brain to think in a different way so that you are more willing to take the risks you want to take
- 🕒 How to 'just walk out the door' no matter what you think others might say, think or do to you
- 🕒 How to decide what you really want so that the rewards are far bigger than any of the risks

🕒 Create a 'big reward' plan with ways to follow through on the risks

Audiences:

This interactive keynote is for teen groups, women's groups, sales groups and association groups.

Kelly Falardeau delivers a heartfelt keynote for your group on the important subject of making decisions and how those decisions can affect not only your own life, but others'.

Decisions Decisions Decisions

Some decisions cause great rewards, some, setbacks; some are convenient, some are long-term; some are trivial, others life-changing; some are altruistic, some decisions are selfish; decisions can take time or can be instantaneous; some can be gratifying, others can cause great guilt.

Some people are downright indecisive, while others are resolute. Some people make decisions only after objective thought, others are biased.

No matter, in the workplace as in the home, decisions have an impact. A few seemingly innocuous decisions altered the life of Kelly Farladeau permanently...

Audiences:

This interactive keynote is great for women's groups, corporations and safety companies.

Looking for a custom keynote more specific for your organization?

Just email and ASK and Kelly will see if she can customize a speech for you.

mykellyf@gmail.com

To book Kelly:

email: mykellyf@gmail.com

or phone: 587-988-8488

www.KellyFalardeau.com